

The exercises below will be played from the Tradition of excellence Book 1

### **White Belt**

**1. Brass:**

- a) Produce a steady sustained tone on the mouthpiece.
- b) Demonstrate the siren on the mouthpiece.

**Woodwinds:**

**Flute** - (Head joint only) - produce four tones through changes in embouchure and air direction. Cover the end of the joint for two of the tones.

**Clarinet** - Produce a sustained F# on the mouthpiece and barrel.

**Saxophone** - Produce a sustained C# on the mouthpiece and neck.

**Double Reeds** - Produce a double crow and a single pitch on the reed with proper embouchure change.

- 2. Count out loud while clapping two of the following rhythms on page 8 (Mr. Nichols will choose): #15, #16, #17, #18, #20
- 3. Play #16 and #17
- 4. Play #20 and #23

### **Yellow Belt**

- 1. Play #27 and #30
- 2. Play #33 A and #34
- 3. Play #37 and #38
- 4. Play #39 A and #40

### **Orange Belt**

- 1. Count out loud while clapping: Page 45, #21 - #24.
- 2. Play #44 and #47
- 3. #54 and #58 B
- 4. Play #62 and #63
- 5. Perform the Bb concert scale and arpeggio in quarter notes.

### **Green Belt**

- 1. Count out loud while clapping: Page 45, #25 - #28
- 2. Play #65 and #67
- 3. Play #75 and #78
- (Clar #63 & Page 38 Basic Prep 1)      (Clar #75 & Page 38 Basic Prep 2)
- 4. #80 and #81 (Clar #81 & Basic Prep 3)
- 5. Perform the Bb concert chromatic scale in quarter notes.

### **Purple Belt**

- 1. Tuning: By matching pitches with another instrument determine which instrument is sharp, then adjust so that the pitches match exactly.
- 2. Play #84 and #85
- 4. Play #88 and #90
- 5. Play #92 and #99
- 5. Perform the Bb and Eb concert scales and arpeggios in even quarter notes. Also perform the Bb concert chromatic scale in even quarter notes.

### Blue Belt

1. Count out loud and clap page 45, #32 - #35.
2. Play #104 and #105
3. Play #109 and #112
4. Play #118 and #122
5. Play #125 and #129

### Pink Belt

1. Count out loud and clap page 45, #36-#39
2. Play #130 and #133 (Clar #130 & Page 38 Basic Prep 4)
3. Play #136 and #138 (Clar #133 & Page 39 Basic Prep 5)
4. Play #139 and #140 (Clar #136 & Basic Prep 6)
5. Perform the F, Bb, Eb, and Ab concert scales and arpeggios, in the All State pattern. Also perform the Bb concert chromatic scale one octave in even quarter notes.

The exercises below will be played from the Tradition of excellence Book 2

### Red Belt

1. Tuning: Adjust intonation by matching two pitches with an electronic tuning device or another instrument.
2. Count out loud and clap page 45, #1 - #4
3. Play #1 and #3
4. Play #6 and #8
5. Play #11 and #12

### Brown Belt

1. Play #18 and #19
2. Play #23 and #26
3. Play #29 and #32
4. Play #35 and #36
5. Count out loud and clap page 45, #7 - #10
6. Play the G, C, F, Bb, Eb, Ab and Db concert scales and arpeggios, in the All State pattern at quarter note=100. Also perform the chromatic scale in even quarter notes in the following ranges: **Flute** - low F to 2nd 8va Bb **Oboe** - low C to 2nd 8va G **Clarinet** - low E to 3rd space C **Saxophone** - G to high C **Trumpet** - low G to 3rd space C **French Horn** - low F to 3rd space C **Trombone**, **Baritone**, **Tuba** - low F to Bb

### Black Belt

1. Using a tuner, tune Bb to F in the Bb concert scale
2. Play #41 and #46
3. Play #59 and #62
4. Play #64 and #70
5. Play #81 and #85
6. Score 85%-100% on the Black Belt Musical Terms Test.
7. Play the G, C, F, Bb, Eb, Ab and Db concert scales and arpeggios, in the All State pattern at quarter note=100. Also perform the chromatic scale in even quarter notes in the following ranges: **Flute** - low F to 2nd 8va Bb **Oboe** - low C to 2nd 8va G **Clarinet** - low E to 3rd space C **Saxophone** - G to high C **Trumpet** - low G to 3rd space C **French Horn** - low F to 3rd space C **Trombone**, **Baritone** low F to Bb **Tuba** - low F to D