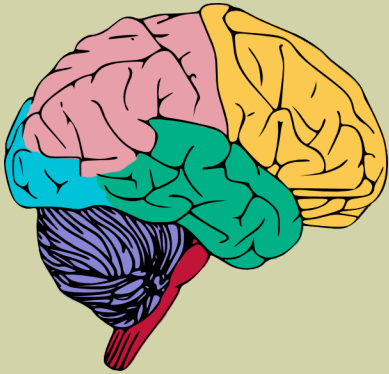
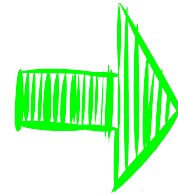
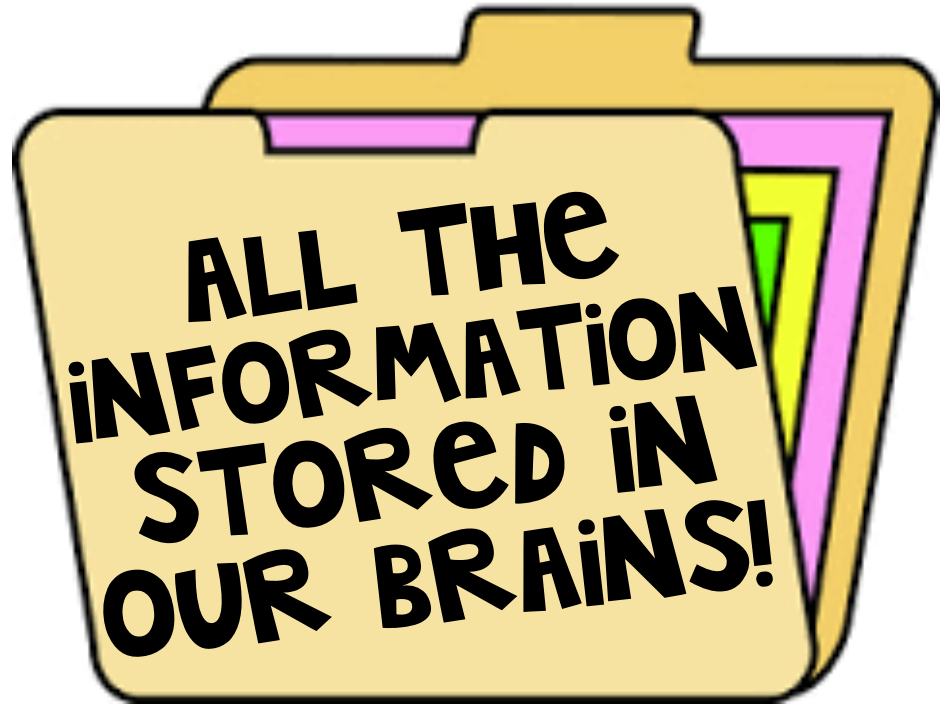


# SCHEMAS

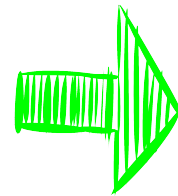
OUR MENTAL  
FILING CABINET



- texts you've read
- places you've been
- things you've seen/heard
- experiences you've had
- people you've met



Grows & Changes



ALWAYS **activate**  
your schema prior  
to learning!

# METACOGNiTiON

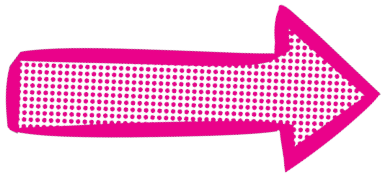
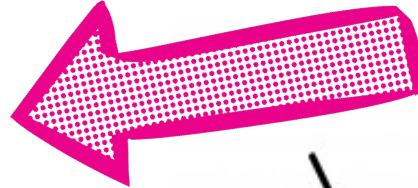
**THiNKiNG  
ABOUnT  
YOur  
THiNKiNG**



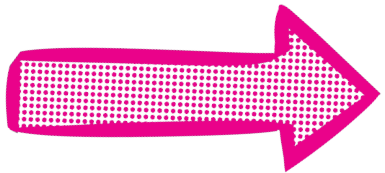
**How am I learning?**

# DENDRITES

Your brain grows  
dendrites when you  
are being challenged.



The more dendrites you have,  
the more information your  
brain can process.



If you are not being challenged,  
dendrites can actually shrink or  
disappear.



# GRIT



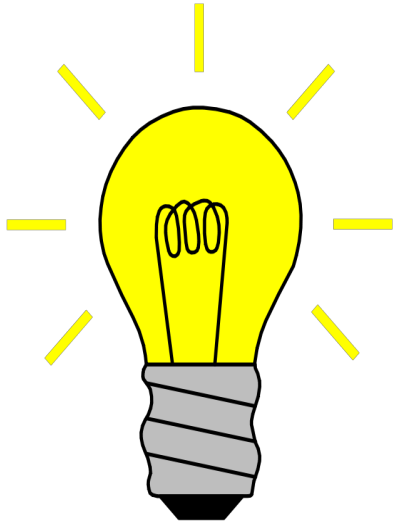
passion



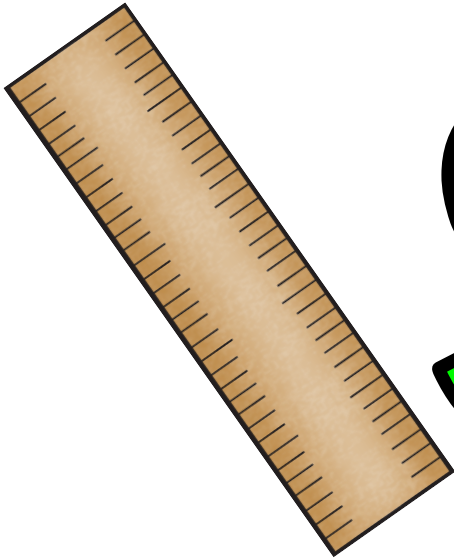
perseverance

a strong feeling of enthusiasm or excitement about doing something

not giving up; sticking with something, even if it is difficult



**KNOW**



**GROW**