were round-shouldered, and they told her it was from carrying heavy buckets of water. She didn’t want to be round-shouldered. But there seemed no solution. “Carry and carry. Back and forth. Sometimes I would get awfully discouraged. When I first moved there [to the Hill Country], I felt like a pioneer lady, like one of the women who had come here in covered wagons. I said, if they could do it, I could, too. But it was very hard. After you spent all morning lugging those big buckets back and forth, you felt more like an ox or a mule than a human being. Portland was just a little town. It was no great metropolis. But moving from Portland into the Hill Country was like moving from the twentieth century back into the Middle Ages.”

DOCUMENTS

The Great Depression in Philadelphia, 1933

Relief stopped in Philadelphia on June 25 [1932]. For months previously 52,000 destitute families had been receiving modest grocery orders and a little milk.

The average allowance to a family at that time was about $4.35 per week, no provision being made for fuel, clothing, rent or any of the minimum accessories that go to make up the family budget.

Their rent was unpaid, their credit and their borrowing power exhausted. Most of them were absolutely dependent for existence on the food orders supplied through State funds administered by the Committee for Unemployment Relief. Then there were no more funds, and relief—except for a little milk for half-sick children, and a little Red Cross flour—was suddenly discontinued. And Philadelphia asked itself what was happening to these 52,000 families. There were no reports of people starving in the streets, and yet from what possible source were 52,000 families getting enough food to live on?

It was a fair question and the Community Council under the direction of Mr. Ewan Clague, a competent economist and in charge of its Research Bureau, set out to find the answer by a special study of 400 families who had been without relief for a period varying from 10 to 25 days. The families were not picked out as the worst cases, but as stated before were fairly typical of the 52,000.

According to Mr. Clague, and I am quoting him quite liberally, the count of the 400 families showed a total of 2,464 persons. The great majority ranged from five to eight persons per family.

In their effort to discover how these 2,464 human beings were keeping themselves alive the investigators inquired into the customary sources of family maintenance, earnings, savings, regular help from relatives, credit and, last but not least, the neighbors.

Some current income in the form of wages was reported by 128 families, though the amounts were generally small and irregular, two or three dollars a week perhaps, earned on odd jobs, by selling knickknacks on the street or by youngsters delivering papers or working nights. For the whole 128 the average wage income was $4.16 a week and 272 families of the 400 had no earnings whatsoever.

Savings were an even more slender resource. Only 54 families reported savings and most of these were nothing more than small industrial insurance policies with little or no cash surrender value, technically an asset, actually an item of expense. This does not mean that these families had not had savings—take for instance, the Baker family—father, mother, and four children. They had had $1,000 in a building and loan association which failed. They had had more than $2,000 in a savings bank, but the last cent had been withdrawn in January, 1931. They had had three insurance policies, which had been surrendered one by one. Both the father and the oldest son were tubercular, the former at the moment being an applicant for sanitarium care. This family—intelligent, clean, thrifty, and likable—one of thousands at the end of their rope—had had savings as a resource even a year ago, but not now.

The same situation, it was found, prevailed in regard to regular help from relatives. In the early stages of the depression a large proportion of relief families could count on this help in some form. But of our 400 families only 35 reported assistance from kinsfolk that could be counted on, and this assistance was slender indeed: A brother paid the rent to save eviction, a brother-in-law guaranteed the gas and electric bills, a grandmother, working as a scrubwoman, put in a small sum each week. Most of the relatives it was found were so hard pressed that it was all they could do to save themselves. As a matter of fact many relatives had moved in with the families and were recorded as members of the household.

In the absence of assets or income the next line of defense is credit. But most of the 400 families were bogged down in debt and retained only a vestige of credit. Take the item of rent or building and loan payments: Three hundred and forty-nine of the families were behind—some only a month or two, some for a year, a few for two or three years, with six months as the average for the group.

Thus, then, the picture of the 400 families shaped itself. Gradually no income, such as there was slight, irregular and undependable; shelter
still available so long as landlords remained lenient; savings gone, credit exhausted.

But what of food, the never ending, ever pressing necessity for food? In this emergency the outstanding contribution has been made by neighbors. The poor are looking after the poor. In considerably more than a third of the 400 families the chief source of actual subsistence when grocery orders stopped was the neighbors. The supply was by no means regular or adequate but in the last analysis, when all other resources failed the neighbors rallied to tide the family over a few days. Usually it was leftovers, stale bread, meat bones for soup, a bowl of gravy. Sometimes the children were asked in for a meal. One neighbor sent two eggs a day regularly to a sick man threatened with tuberculosis. This help was the more striking since the neighbors themselves were often close to the line of destitution and could ill spare the food they shared. The primitive communism existing among these people was a constant surprise to the visitors. More than once a family lucky enough to get a good supply of food called in the entire block to share the feast. There is absolutely no doubt that entire neighborhoods were just living from day to day sharing what slight resources any one family chanced to have. Without this mutual help the situation of many of the families would have been desperate.

As a result of all these efforts, what did these families have? What meals did they get and of what did these meals consist? About 8 per cent of the total number were subsisting on one meal a day. Many more were getting only two meals a day, and still others were irregular, sometimes one meal, sometimes two, occasionally by great good fortune, three. Thirty-seven per cent of all families were not getting the normal three meals a day.

When the content of these meals is taken into consideration the facts are still more alarming. Four families had absolutely no solid food whatever—nothing but a drink, usually tea or coffee. Seventy-three others had only one food and one drink for all meals, the food in many cases being bread made from Red Cross flour. Even in the remaining cases, where there were two or three articles of food, the diets day after day and week after week consisted usually of bread, macaroni, spaghetti, potatoes, with milk for the children. Many families were getting no meat and very few vegetables. Fresh fruits were never mentioned, although it is possible that the family might pick these up in the streets occasionally.

These diets were exceedingly harmful in their immediate effects on some of the families where health problems are present. In a number of cases the children are definitely reported on a hospital diagnosis as anemic. Occasionally the adults are likewise affected. The Machtynite family for instance: These two older people have an adopted child 8 years of age. The husband is a bricklayer by trade and the wife can do outside housework. They have had occasional odd jobs over the past year but have been very hard pressed. For the three meals immediately preceding the visit they re-

ported the menus as follows: Dinner, previous day, bread and coffee; breakfast, bread and coffee; lunch, corn, fish, bread, and coffee; one quart of milk for the little girl for the entire three meals.

Also their health problems were serious. The wife has had several operations, the husband is a possible tuberculosis case, and the child is underweight. All three have also been receiving medical attention from a hospital for the past three years. The little girl has been nervous, has fainted at times, and is slightly deformed from rickets. Being undernourished, she needs cod-liver oil, milk, oranges, and the food which was possible only when the family was on relief. She went to camp for two weeks and returned up to weight and in good spirits. But relief was cut off while she was away, and she came back to meals of milk, coffee, and bread. In the short time at home she had become fretful and listless, refusing to take anything but milk. This whole family promised to be in serious health difficulties if their situation were long continued.

The Okies in California, 1939

The most characteristic of all housing in California in which migrants reside at the moment is the shacktown or cheap subdivision. Most of these settlements have come into existence since 1933 and the pattern which obtains is somewhat similar throughout the State. Finding it impossible to rent housing in incorporated communities on their meager incomes, migrants have created a market for a very cheap type of subdivision of which the following may be taken as being representative:

In Monterey County, according to a report of Dr. D. M. Bissell, county health officer, under date of November 28, 1939, there are approximately three well-established migrant settlements. One of these, the development around the environs of Salinas, is perhaps the oldest migrant settlement of its type in California. In connection with this development I quote a paragraph of the report of Dr. Bissell:

"This area is composed of all manners and forms of housing without a public sewer system. Roughly, 10,000 persons are renting or have established homes there. A chief element in this area is that of refugees from the Dust Bowl who inhabit a part of Alisal called Little Oklahoma. Work in lettuce harvesting and packing and sugar beet processing have attracted these people who, seeking homes in Salinas without success because they aren't available, have resorted to makeshift adobes outside the city limits. Complicating the picture is the impermeable substrata which makes septic tanks

source: Carey McWilliams, testimony from U.S. Congress, House Select Committee to Investigate the Interstate Migration of Destitute Citizens, Hearings, 76th Cong., 3d sess., 1941, 2543-2544.
with leaching fields impractical. Sewer wells have resulted with the corresponding danger to adjacent water wells and to the water wells serving the Salinas public. Certain districts, for example, the Airport Tract and parts of Alisal, have grown into communities with quite satisfactory housing, but others as exemplified by the Graves district are characterized by shacks and lean-tos which are unfit for human habitation.” . . .

Typical of the shacktown problem are two such areas near the city limits of Sacramento, one on the east side of B Street, extending from Twelfth Street to the Sacramento city dump and incinerator; and the other so-called Hoovertown, adjacent to the Sacramento River and the city filtration plant. In these two areas there were on September 17, 1939, approximately 650 inhabitants living in structures that, with scarcely a single exception, were rated by the inspectors of this division as “unfit for human occupancy.” The majority of the inhabitants were white Americans, with the exception of 50 or 60 Mexican families, a few single Mexican men, and a sprinkling of Negroes. For the most part they are seasonally employed in the canneries, the fruit ranches, and the hop fields of Sacramento County. Most of the occupants are at one time or another upon relief, and there are a large number of occupants in these shacktowns from the Dust Bowl area. Describing the housing, an inspector of this division reports:

“The dwellings are built of brush, rags, sacks, boxboard, odd bits of tin and galvanized iron, pieces of canvas and whatever other material was at hand at the time of construction.”

Wood floors, where they exist, are placed directly upon the ground, which because of the location of the camps with respect to the Sacramento River, is damp most of the time. To quote again from the report:

“Entire families, men, women, and children, are crowded into hovels, cooking and eating in the same room. The majority of the shacks have no sinks or cesspools for the disposal of kitchen drainage, and this, together with garbage and other refuse, is thrown on the surface of the ground.”

Because of the high-water table, cesspools, where they exist, do not function properly; there is a large overflow of drainage and sewage to the surface of the ground. Many filthy shack latrines are located within a few feet of living quarters. Rents for the houses in these shacktowns range from $3 to $20 a month. In one instance a landlord rents ground space for $1.50 to $5 a month, on which tenants are permitted to erect their own dugouts. The Hoovertown section is composed primarily of tents and trailers, there being approximately 125 tent structures in this area on September 17, 1939. Both areas are located in unincorporated territory. They are not subject at the present time to any State or county building regulation. In Hoovertown, at the date of the inspection, many families were found that did not have even a semblance of tents or shelters. They were cooking and sleeping on the ground in the open and one water tap at an adjoining industrial plant was found to be the source of the domestic water supply for the camp . . . .

Chapter 10  The Depression Years

The Bronx Slave Market, 1935

The Bronx Slave Market! What is it? Who are its dealers? Who are its victims? What are its causes? How far does its stench spread? What forces are at work to counteract it?

Any corner in the congested sections of New York City’s Bronx is fertile soil for mushroom “slave marts.” The two where the traffic is heaviest and the bidding is highest are located at 167th street and Jerome avenue and at Simpson and Westchester avenues . . . .

. . . Not only is human labor bartered and sold for slave wage, but human love also is a marketable commodity. But whether it is labor or love that is sold, economic necessity compels the sale. As early as 8 A.M. they come; as late as 1 P.M. they remain.

Rain or shine, cold or hot, you will find them there—Negro women, old and young—sometimes bedraggled, sometimes neatly dressed—but with the invariable paper bundle, waiting expectantly for Bronx housewives to buy their strength and energy for an hour, two hours, or even for a day at the munificent rate of fifteen, twenty, twenty-five, or, if luck be with them, thirty cents an hour. If not the wives themselves, maybe their husbands, their sons, or their brothers, under the subterfuge of work, offer world-wide girls higher bids for their time.

Who are these women? What brings them here? Why do they stay? In the boom days before the onslaught of the depression in 1929, many of these women who are now forced to bargain for day’s work on street corners, were employed in grand homes in the rich Eighties, or in wealthier homes in Long Island and Westchester, at more than adequate wages. Some are former marginal industrial workers, forced by the slack in industry to seek other means of sustenance. In many instances there had been no necessity for work at all. But whatever their standing prior to the depression, none sought employment where they now seek it. They come to the Bronx, not because of what it promises, but largely in desperation.

Paradoxically, the crash of 1929 brought to the domestic labor market a new employer class. The lower middle-class housewife, who, having dreamed of the luxury of a maid, found opportunity staring her in the face in the form of Negro women pressed to the wall by poverty, starvation and discrimination.

Where once color was the “gilt edged” security for obtaining domestic and personal service jobs, here, even Negro women found themselves being displaced by whites. Hours of futile waiting in employment agencies, the fee that must be paid despite the lack of income, fraudulent agencies that sprung up during the depression, all forced the day worker to fend for herself or try the dubious and circuitous road to public relief.